INDIANA ______ Members Credit Union Keeping It Simple MEMBER

MAY 2023

NEWSLETTER



WESTSIDE BRANCH OPENING SOON!



7040 W. 10th St., Indianapolis, IN 46214





INDIANAPOLIS 317.248.8556

TOLL FREE 1.800.556.9268

HEALTH SAVINGS ACCOUNTS AND MENTAL HEALTH CARE

May is Mental Health Awareness Month. It is estimated that one in five U.S. adults live with a mental illness. There are many conditions and varying degrees of mental illness. Paying for assessment, treatments, and support with mental illness can take a toll. According to IRS.gov, Health Savings Accounts can be used to pay for qualified health expenses related to mental health.

For example, medical expenses paid for psychiatric care or for treatment at a health institute can be paid through a Health Savings Account if the treatment is prescribed by a physician. You can also include medical expense amounts you pay for therapy received as medical treatment. CLICK HERE for full details on related qualified expenses.

Below are some articles regarding mental health care and health savings accounts that may be a good resource:
Can I pay for mental health care using my FSA or HSA?
Five ways your HSA can support your mental health.

For additional resources specifically related to mental health, treatments and prevention, **CLICK HERE**.

At IMCU, It's YOU That Matters!





Indiana Members Credit Union does not provide tax or legal advice. This information is not intended and should not be taken as tax or legal advice. Any tax or legal information in this notice is merely a summary of Indiana Members Credit Union's understanding and interpretation of some of the current tax regulations and is not exhaustive. You should consult your tax advisor or legal counsel for advice and information concerning your particular situation before making any decisions.

EARN UP TO \$25 WHEN YOU OPEN A NEW MINOR ACCOUNT & ENROLL IN SMARTSTART!





Take advantage of IMCU's financial education tool, SmartStart, a mobile banking solution that teaches your child to budget, save and earn!

EARN \$25!

- 1. Open your child's account online or at a branch
- 2. Enroll the account in SmartStart through Digital Banking
- 3. Take an Action in SmartStart (set a budget, complete chores, save money, pay off a loan)

Already have a minor account? You can still earn \$15 when you enroll in SmartStart and complete at least one Action.

LET'S GET STARTED

CERTIFICATE OF DEPOSIT SPECIAL



FOLLOW US!







STAY INFORMED WITH OUR BLOG!





Charitable Golf Outings!

Proceeds will go to support these organizations:

> **EVSC Foundation** May 11 - Evansville

Greater Clark County Schools Educational Foundation IU Southeast School of Business June 7 - Jeffersonville

For more details, visit **IMF4KIDS.ORG**

DISCOUNTED **TICKETS AVAILABLE**



Purchase two tickets for the price of one for June 10

GET YOUR TICKETS HERE

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YOUR **NEXT ADVENTURE AWAITS!**

DETAILS HERE



CONSIDER AN IMCU CREDIT CARD - LOW INTRO RATE!



KEEP YOUR VIEW ON THE HORIZON

The financial professionals at Indiana Members Investment Services will work with you to construct a plan designed to weather short-term market declines, and work toward your financial goals over the long term. When working with us to build and evaluate your plan we encourage you to view it in light of its long term objectives. We anticipate and strategize for market dips and spikes to keep your view on the horizon. By keeping your view focused on the long term, you can reduce the emotional impact of short-term changes in account value. Sticking with the plan can increase the chance of reaching your goals in any market environment!



Genan Kirby LPL Financial



Jeff Olbina LPL Financial



LPL Financial

INDIANA

Call Indiana Members Investment Services to schedule a no-cost, no-obligation appointment to discuss your Members Investment Services strategy today! 317-610-3945

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Not Credit Union Guaranteed

Not Credit Union Deposits or Obligations

May Lose Value

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